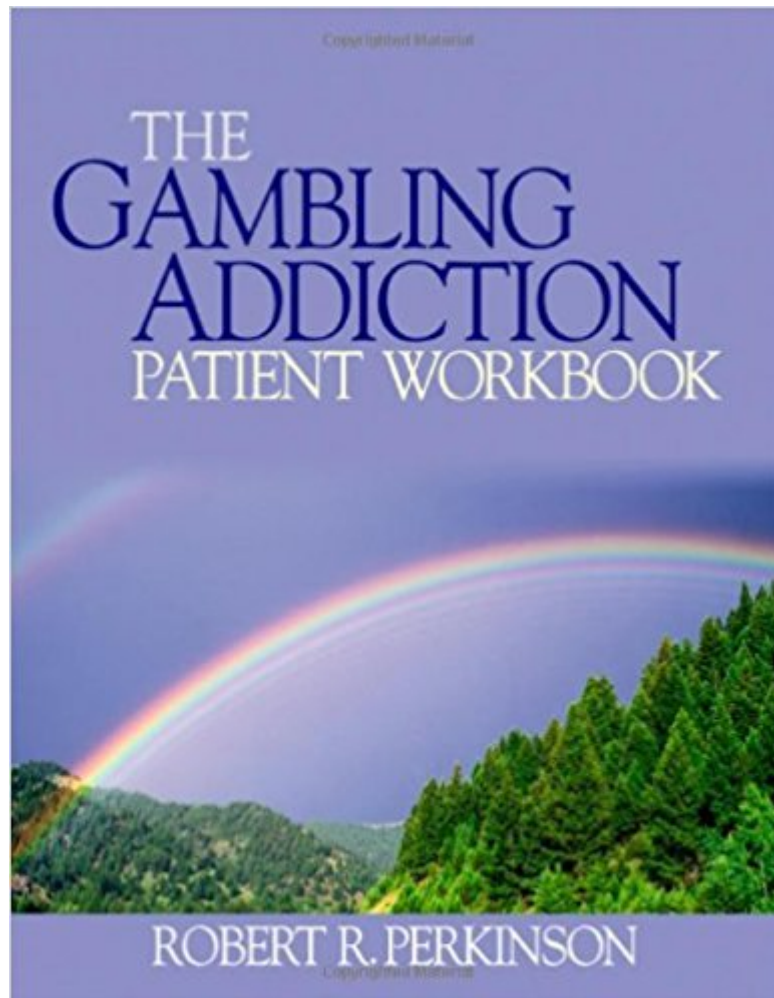




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# **The Gambling Addiction Patient Workbook**



## Synopsis

"The addiction field has long needed a comprehensive set of exercises counselors could use to guide patients through good treatment. The workbooks developed by Dr. Perkinson take the patient from the beginning of treatment to the end. They are written in such a manner that Dr. Perkinson is your mentor and is conversing with you, sharing with you his vast area of expertise and knowledge about recovery. These patient exercises meet the highest standards demanded by accrediting bodies." --Dr. Bob Carr, Director Substance Abuse Program and Mental Health Services, Sioux Falls V.A. Regional Medical Center, South Dakota "I have used the exercises in The Gambling Addiction Patient Handbook for years. Patients have reported reduced levels of stress from having their assignments organized in this format. It is a challenge for the pathological gambler to slow down and learn in early recovery." --Sue Van Doren, Nationally Certified Gambling Counselor "I have been working with compulsive gamblers and their family members for 12 years and find this work extremely rewarding and challenging. I have been utilizing Dr. Perkinson's workbooks for 10 years and have found them to be some of the most useful tools in helping addicts and gamblers identify the many ways that addiction has impacted their lives. Our clients benefit from the straightforward approach of the workbooks and the clear instructions of how to begin incorporating a 12-step recovery program into their lives. I highly recommend Dr Perkinson's workbooks." --Lisa Vig, Licensed Addiction Counselor and Nationally Certified Gambling Counselor. Gamblers Choice, Fargo, North Dakota "I have been in the chemical dependency field for over 28 years. I have worked as a counselor, clinical supervisor and executive director in a number of treatment centers. These are the best exercises for alcoholics, drug addicts and problem gamblers that I have ever seen. I have used them for years and patients find them easy to understand. The material covers everything an addict needs to know to enter a stable recovery. I highly recommend these patient handbooks. Patients love them and they make the counselor's job easy. The book makes the job easy as all you will need to help your patient is in one place." --Bob Bogue, CCSII, CCDC III, Clinical Supervisor "Dr. Perkinson does an excellent job of bringing together and individualizing 12 step treatment for addicts and gamblers including identifying character defects and relapse prevention. Comments from patients include, 'it has opened my eyes to my gambling and behaviors associated with it' and 'I feel it is easy to work and very self explanatory.'" --Ron Scherr, CCDC II, Certified Chemical Dependency Counselor, Avera St. Lukes, Worthmore Treatment Center

## Book Information

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## Customer Reviews

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Speaking as a professional counselor, this is an excellent resource guide for anyone struggling with pathological gambling [or abuse]. I have shared copy with clients who asked if they purchased the book, could they write in their responses [this is from an attorney client who found the bk clear, refreshing, and which became an important tool in developing an effective relapse prevention plan].  
Richard Noonan, ACSW, LCSW, CADC-III

Great resource book for working with gambling addicts! Highly recommended.

The workbook is good and helpful. But it was disappointingly small. I was expecting a larger book for the price. That's my only complaint.

This is not meant to be a "stand alone" workbook. It seems to be intended to be used to support a class or seminar. The ad is not clear on this.

This book is even better than expected. If you have a gambling problem, think you might have a problem or know someone who does, you will find this book very informative. This book could also be used by Clinicians for their clients. It really encourages the reader to take a hard look at what their gambling habits have cost them, in terms of lost time, money and relationships. This book would be helpful for the loved one of an addicted gambler. While gambling is meant for entertainment, it ceases to be entertaining when the compulsion to gamble takes over your life This book helps the reader to feel like they are not alone.

As someone who makes his living because of the existence of casinos I am always struck by the fact that some people just can't stop gambling. They would rather lose all their money and some would rather lose everything they have in life as long as they can play the games. Now I don't think compulsive gamblers are any different than other addictive types. I knew someone who was told by his doctor that he was going to die - because he was running too much. The runner had thoroughly devastated his body and bled everytime he urinated. The addicted will always be with us. This book

addresses how to help them, if they can be helped. There is definitely something in the brain and in the personality that causes people to do the destructable. Frank Scoblete: author of Golden Touch Blackjack Revolution! and Golden Touch Dice Control Revolution!

We use this book for all of our patients. They love the exercises and take them home and go over them again and again. This keeps them thinking about recovery. The book leaves no stone unturned. It has everything a problem gambler needs to stay in recovery.

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